

CASE HISTORY ANNA

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Anna came to us having suffered with alcohol issues and a lack of self esteem, She had been trying to find work with no success and had ongoing mental health issues.

Anna worked with us on placement as an administrator to one of the broadcast teams and although she suffered one or two setbacks she was able to keep going forward. Anna is now into her second year of an open university course and is doing very well.

Anna is controlling her mental health issues with medication and now has an active social circle which has increased her general wellbeing.

ANNA

I have been out of paid work for over 5 years. About 6 years ago I was diagnosed with borderline personality disorder.

Before I found the guys at Csin it was really difficult to get any kind of meaningful work experience. Other organisations wouldn't let you near anything important, didn't give you responsibility or opportunity to learn or progress. I found myself competing for voluntary work placements against graduates fresh out of college.

I got one position but it only lasted for two weeks. I was recommended to Csin and told they were offering work placements for people with mental health problems so I called them. I liked the fact that I could get real live work experience without having to explain myself. Within my first week I was working as part of an outside broadcast team on a real radio station . It was great to get stuck in straight away and do something important.