

CASE HISTORY PAUL

CASE HISTORY

Paul was referred to us having spent a long time battling drug addiction. He was in a poor state of both physical and mental health and suffered badly with lack of self esteem and depression.

Paul joined the outside broadcast team initially to work with us one day a week, in order to try and build his confidence and develop some transferrable skills with the hope of getting a job. This soon became four days a week and eventually he became an outside broadcast reporter responsible for getting stories to air.

Paul eventually went on to get a job placement which turned into full time employment. With support we assisted Paul with literacy and numeracy and housing and benefit claims.

Paul is still in full time employment, and has been drug free now for four years. He still regularly calls in to chat and keep in touch. He still suffers with bouts of depression but they are few and far between now and he is under treatment to help him.

PAUL

“You get a lot of responsibility. I feel trusted – that’s a new feeling for me.”

“At Csin you get a lot of responsibility. I felt trusted – that’s a new feeling for me, especially when you’ve been in prison, hospital, on drugs. When you’re on drugs people think you might be lying. I lived six years with that mistrust, no responsibility, just laying around because everything’s done for you. I feel completely different now. I feel happier and healthier”